HANDNI Chowk is one of the oldest and busiest market places within the bustling city of Old Delhi in India.

Vibrant colours and swarms of people are lined up along the busy roads, each person there to grab a bargain. There are more shoes than you can ever dream of for sale, as well as fruit, clothing, materials, meat and nearly anything else you can think of.

With the blistering Indian heat causing you to sweat profusely, it can be tempting to run towards the fresh juices and fruit on sale. However, the thought of Delhi belly quickly rejects that idea, and cold bottled water will have to do.

All of your senses are immediately overwhelmed, invaded with the smells of incense, spices, street food and gas lingering in the air.

The chaotic roads become narrow laneways filled with even more stores, and what better way to throw yourself into the Indian experience than to navigate your way through a traditional rickshaw?

Hopping off the plane from Australia being thrown into the chaos that is Indian transportation, can be nerve-racking at first. Driving alongside cars, trucks, auto rickshaws and motorbikes, with merely centimetres between you as horns blare like crazy, and hoping that the car driving straight towards you will actually stop before you hit each other, is scary. However, after no time at all that nervousness turns into excitement.

As your rickshaw driver cycles through the alleyways, his decrease in speed sometimes making you wonder, “am I really that heavy?”, you are able to witness the locals on their regular shopping run. You can visit the tea and spice market, where the aromas of chai linger.

You will pass groups of men with cheesy smiles, eagerly trying to welcome you into their shops. You will witness the many street dogs wandering around, and you may just even see a monkey or cow hanging out too.

If you want to experience India in one of the most authentic ways possible, a rickshaw ride throughout Chandni Chowk is a must.

Away from some of the more popular tourist attractions, you get a feel for the daily life of the Indian people. It may be a bit of a culture shock at first, but in no time at all you will feel right at home, navigating the Delhi roads and markets like a true local.

No trip to India would be complete without a trip to the Taj Mahal at Agra, one of the wonders of the world.